



PROCLAMATION

Presented for

MEN'S HEALTH WEEK



Whereas, Despite advances in medical technology and research, men continue to live an average of five years fewer than women, with African-American men having the shortest life expectancy; and

Whereas, Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease, and men who are educated about the value of preventative health will be more likely to participate in health screenings; and


Whereas, Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas, The Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices, and Long Beach's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes and prostate, testicular and colon cancer; and

Whereas, The residents of Long Beach are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups; now, therefore, be it

Resolved, *I, Mayor Robert Garcia*, on behalf of the people of the City of Long Beach, do hereby proclaim June as Men's Health Month in Long Beach and encourage all residents to pursue preventative health practices and early detection efforts.




Dr. Robert Garcia
Mayor

June 11, 2018