RICHARDSON CITY COUNCIL

2021 - 2023

Proclamation

City of Richardson, Texas

WHEREAS: Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS: COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic. Encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19; and

WHEREAS: Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS: Men who are educated about the value that preventive health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings and fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS: Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices. The Men's Health Month website has been established at www.MensHealthMonth.org and features resources and information about awareness events and activities, including Wear Blue Day; and

WHEREAS: Richardson Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer. The citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Paul Voelker, Mayor of the City of Richardson, Texas, do hereby proclaim June 2022 as:

MEN'S HEALTH MONTH

in Richardson, Texas, and encourage all our citizens to pursue preventative health practices and early detection efforts throughout the year.

Given under my hand and seal of office this 1st day of June 2022.

RICHARDSON
TEXAS

Mayor, City of Richardson