PROCLAMATION

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and

WHEREAS, COVID-19 continues to devastate lives across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and

WHEREAS, encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19; and

WHEREAS, educating the public and healthcare providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health are more likely to participate in health screenings and can prolong their lifespans and their roles as productive family members; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children who lead happier, healthier lives; and

whereas, the Men's Health Network worked with Congress to develop a special national men's health awareness campaign, and the websites MensHealthMonth.org and WearBlueForMensHealth.com have been established to provide resources and information to educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, in the City of Hopkinsville and Christian County, Men's Health Month will focus on a broad range of men's health issues including heart disease, diabetes, mental health as well as prostate, testicular, and colon cancers; and

WHEREAS, the citizens of the City of Hopkinsville and Christian County are encouraged to increase their awareness of the importance of healthy lifestyles, regular exercise, and medical check-ups.

NOW, THEREFORE, we, Wendell A. Lynch, Mayor of Hopkinsville, and Steve Tribble, Christian County Judge/Executive, do hereby proclaim June 2022, as

MEN'S HEALTH MONTH

and June 13-19, 2022 as Men's Health Week in Hopkinsville and Christian County, Kentucky, and encourage all citizens to pursue preventative health practices and early detection efforts.

Dated this 1st day of June 2022.

WENDELL A. LYNCH, Mayor City of Hopkinsville

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STEVE TRIBBLE, Judge/Executive Christian County Government

