

PROCLAMATION

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women; Native American and African-American men have the lowest life expectancy; and

WHEREAS, COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and

WHEREAS, encouraging safe behaviors, including social distancing, wearing masks and being vaccinated will help stop the spread of COVID-19; and

WHEREAS, educating the public and healthcare providers of the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who stay connected with their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices.

NOW, THEREFORE, I, Randy Sparacino, Mayor of Medford, do hereby proclaim June 2022 as

MEN'S HEALTH MONTH

and encourage all citizens to increase awareness of the importance of a healthy lifestyle, regular exercise and medical checkups.

IN WITNESS WHEREOF,
I hereunto set my hand this
2nd day of June, 2022.



Randy Sparacino
Mayor of Medford