

PROCLAMATION

City of Melbourne, Florida

- WHEREAS: Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and*
- WHEREAS: Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and*
- WHEREAS: Men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and*
- WHEREAS: Fathers who maintain a healthy lifestyle are role models for their children by demonstrating healthy and responsible behaviors; and*
- WHEREAS: Men's Health Month is a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventive health practices; and*
- WHEREAS: Men's Health Month focuses on a broad range of men's health issues, including heart disease; mental health; diabetes; and prostate, testicular and colon cancer; and*
- WHEREAS: Residents of the City of Melbourne are encouraged to increase their awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.*

NOW, THEREFORE, BE IT RESOLVED THAT I, Paul Alfrey, Mayor, City of Melbourne, Brevard County, Florida, do hereby proclaim June 2022 as

"Men's Health Month"

in the City of Melbourne and encourage all citizens to pursue preventive health practices and early detection efforts.

Witness my hand and the seal of the City of Melbourne this 9th day of February, 2022.

Paul Alfrey, Mayor

