

# Proclamation

## MEN'S HEALTH MONTH

June 13-19, 2022

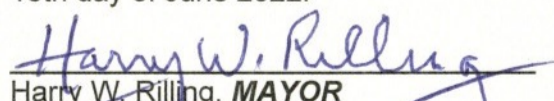
- WHEREAS,** Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and
- WHEREAS,** COVID-19 is destroying lives across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and
- WHEREAS,** Encouraging safe behaviors including social distancing, wearing masks, and being vaccinated with help stop the spread of COVID-19; and
- WHEREAS,** Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- WHEREAS,** Men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and
- WHEREAS,** Fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- WHEREAS,** The Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS,** The websites for Men's Health Month and Wear Blue Day features resources, proclamations and information about awareness, activities and events; please visit [www.menshealthmonth.org](http://www.menshealthmonth.org) or [www.wearblueday.org](http://www.wearblueday.org); and
- WHEREAS,** Norwalk Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and
- WHEREAS,** The citizens of Norwalk are encouraged to increase awareness of the importance of practicing a healthy lifestyle, regular exercise, and medical check-ups.

**NOW, THEREFORE, I, HARRY W. RILLING, MAYOR OF THE CITY OF NORWALK, CONNECTICUT** do hereby proclaim the month of June as:

## MEN'S HEALTH MONTH

in Norwalk, and, in so doing, encourage all our citizens to pursue preventative health practices and early detection efforts throughout the year.

**IN WITNESS WHEREOF,** I have set my hand and caused the Seal of the City of Norwalk, Connecticut to be affixed on this 13th day of June 2022.

  
Harry W. Rilling, **MAYOR**  
City of Norwalk, Connecticut

