

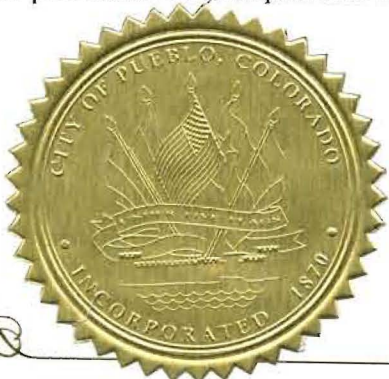
# Proclamation

## “Men’s Health Month”


June 2022

- WHEREAS:** *Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and*
- WHEREAS:** *COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and*
- WHEREAS:** *Encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19; and*
- WHEREAS:** *Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and*
- WHEREAS:** *Men who are educated about the value of preventative health will be more likely can prolong their lifespan and their role as productive family members; and*
- WHEREAS:** *Fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and*
- WHEREAS:** *Men’s Health Network worked with Congress to develop national Men’s Health Awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and*
- WHEREAS:** *The Men’s Health Month website has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men’s Health ([www.WearBlueDay.com](http://www.WearBlueDay.com)); and*
- WHEREAS:** *Pueblo’s Men’s Health Month will focus on a broad range of men’s health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer. The citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.*

**NOW, THEREFORE, WE, the City Council of the City of Pueblo, Colorado,** by the authority vested in us, do hereby proclaim June as “**Men’s Health Month**” in the City of Pueblo, Colorado and encourage all our citizens to pursue preventative health practices and early detection efforts.



*IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Pueblo, Colorado, to be affixed this 31st day of May 2022*

  
Heather Graham  
President of the City Council