



Proclamation

OFFICE OF MAYOR JUSTIN M. BIBB

City of Cleveland, Ohio

Celebrating the Recognition of
Men's Health Month
June 2022

Whereas, on behalf of the citizens of the City of Cleveland, I am honored to offer this Proclamation designating June of the year 2022, as Men's Health Month in the City of Cleveland; and,

Whereas, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and,

Whereas, COVID-19 variants continue to spread across the country, with the Centers of Disease Control reporting that males are more likely to die from this pandemic. Encouraging safe behaviors including social distancing, wearing masks and being vaccinated will help stop the spread of COVID-19. Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and,

Whereas, men who are educated about the value that preventive health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings. Fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and,

Whereas, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and,

Whereas, the Men's Health month website has been established at www.MensHealthMonth.org and features resources, proclamations and information about awareness events and activities, including Wear Blue Day (www.WearBlueDay.com); and,

Whereas, Cleveland's Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer. The citizens of this city are encouraged to increase awareness of the importance of healthy lifestyle, regular exercise, and medical check-ups.

Now therefore, I Justin M. Bibb, the 58th Mayor of the City of Cleveland, do hereby offer this Proclamation in recognition of this important health observance, recognizing June of the year 2022 in the city of Cleveland to be "Men's Health Month."

In witness thereof, I have set my hand and caused the Corporate Seal of the City of Cleveland to be affixed on this 1st day of June in the year 2022.

Mayor Justin M. Bibb

