



City of Grand Rapids, Michigan

OFFICE OF THE MAYOR

ROSALYNN C. BLISS
MAYOR

PROCLAMATION

WHEREAS, despite the advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and

WHEREAS, educating both health care providers and the public about the importance of maintaining healthy lifestyle choices as well as early detection of male health problems will result in reduced rates of mortality from disease; and

WHEREAS, men who are aware of the value that preventative health can play in prolonging their lifespan and their role as a productive, family-oriented member of society will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle become role models for their children and, consequently, their children lead happier, healthier lives; and

WHEREAS, the Men's Health Network has worked with Congress to develop a National Men's Health Awareness period as a special campaign to help educate men, young persons, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Men's Health Month focuses on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular, and colon cancer;

NOW, THEREFORE, I, Rosalynn Bliss, Mayor of the City of Grand Rapids, do hereby proclaim June 2022 as

Men's Health Month

in Grand Rapids and encourage all residents to participate through finding ways to increase awareness surrounding the importance of a healthy lifestyle, regular exercise, and routine medical check-ups.



Rosalynn Bliss