

Office of the Mayor

Lenoir City, Tennessee

Proclamation

WHEREAS, the governing body of the City of Lenoir City has adopted a policy of recognizing and honoring outstanding individuals, establishments, and organizations within our community; and

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health can play a part in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop Men's Health week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, Lenoir City Men's Health Month will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular, and colon cancer, and citizens are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.


Now, Therefore I, Tony R. Aikens, Mayor of the City of Lenoir City, do hereby *Proclaim* the month of June 2022 as Men's Health Month in Lenoir City, Tennessee, and encourage all our citizens to pursue preventative health practices and early detection efforts.

Be it further *PROCLAIMED*, that a copy of this proclamation, signed by the Mayor, attested by the City Recorder and bearing the great seal of the City, be presented to in recognition of Men's Health Month.

In witness whereof I have hereunto set my hand and caused this seal to be affixed.

ATTEST

DATE


James W. Belmont
April 14, 2022