



**WHEREAS,** despite advances in medical technology and research, the life expectancy of men is approximately five years lower than that of

women; and

whereas, educating the public and healthcare providers about the importance of a healthy lifestyle and early detection of male

health problems can help reduce rates of mortality from disease;

and

WHEREAS, men who are knowledgeable about the value of preventive health

care in prolonging their lifespan and their role as productive family members are more likely to participate in health

screenings, thus promoting early detection and treatment; and

WHEREAS, fathers who maintain a healthy lifestyle are role-positive models

for their children; and

WHEREAS, Menth's Health Month brings attention to a broad range of men's

health issues, including heart disease, mental health, diabetes, and prostate, testicular, and colon cancers, in an effort to educate men and their families about the importance of a healthy

lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Will Haynie, Mayor of the Town of Mount Pleasant, do hereby proclaim June 2022 as

## MEN'S HEALTH MONTH

and urge residents of Mount Pleasant to work together to promote positive health, preventative health practices and early detection efforts.

Will Haynie, Mayor

TOWN OF MOUNT PLEASANT