

City of Pine Bluff
Office of the Mayor

Proclamation

IN RECOGNITION OF MEN'S HEALTH MONTH



hereas,

The City of Pine Bluff, Arkansas recognizes Men's Health Month. Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

Whereas,

COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic. To help stop the spread of COVID-19 safe behaviors are encouraged to include social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19; and

Whereas,

Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease. Men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings. Fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas,

Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices. The Men's Health Month website has established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue Day (www.WearBlueDay.com); and

Be It Resolved,

That the City of Pine Bluff will continue to partner with local and state organizations to promote healthy lifestyles.

Now, Therefore,

I, Shirley Moorehead Washington, Mayor of the City of Pine Bluff, Arkansas do hereby proclaim June, as

"Men's Health Month"

in the City of Pine Bluff, and encourage all of our citizens to pursue preventative health practices, regular exercise, medical check-ups and early detection efforts throughout the year.

IN WITNESS WHEREOF, I HAVE SET MY HAND AND THE SEAL OF THE CITY OF PINE BLUFF TO BE AFFIXED ON THIS FIRST DAY OF JUNE, TWO THOUSAND TWENTY-TWO.

A handwritten signature in cursive script that reads "Shirley Washington".

Shirley M. Washington, Mayor

