

# Proclamation

## Men's Health Month – June 2022

*From the Mayor and Borough Council of the Borough of Roselle, New Jersey*

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, COVID-19 variants continue to spread across the country, with the Center for Disease Control reporting that males are more likely to die from this pandemic; and

**WHEREAS**, encouraging safe behaviors including social distancing, wearing mask, and being vaccinated will help stop the spread of COVID-19; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS**, men who are educated about the value that preventive health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

**WHEREAS**, fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, the Men's Health Month web site has been established at [MensHealthMonth.org](http://MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and


**WHEREAS**, Roselle Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

**WHEREAS**, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

**NOW, THEREFORE BE IT RESOLVED** that the Mayor and Council of the Borough of Roselle proclaim June as Men's Health Month and encourage all citizens to pursue preventative health practices and early detection efforts.

This 15<sup>th</sup> Day of June 2022



  
Donald Shaw, Mayor