

# City of Buffalo

## Executive Chamber

### Proclamation

- WHEREAS, Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and
- WHEREAS, As we continue to recover from the COVID-19 global health pandemic, variants continue to spread across the country, with the Centers for Disease Control reporting that males are more vulnerable to COVID-19 infections; and
- WHEREAS, Encouraging and educating the public and health care providers about the importance of continuing good health practices as it relates to the virus, as well as the importance of maintaining a healthy lifestyle that includes early detection of male health problems, to help reduce rates of mortality from disease in men; and
- WHEREAS, Men who are educated about the value that preventive health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and
- WHEREAS, Fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS, The Men's Health Month website has been established at [www.MensHealthWeek.org](http://www.MensHealthWeek.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue Day ([www.WearBlueDay.com](http://www.WearBlueDay.com)); and
- WHEREAS, Buffalo Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and
- WHEREAS, The citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I BYRON W. BROWN, Mayor of the City of Buffalo, do hereby proclaim the month of June as

#### **Men's Health Month**

in the City of Buffalo and encourage all our citizens to pursue preventative health practices and early detection efforts throughout the year.



IN WITNESS WHEREOF, I  
have hereunto set my hand  
and caused the Seal of the  
City of Buffalo to be  
affixed this 14<sup>th</sup> day  
of June, 2021

A handwritten signature in black ink that reads "Byron W. Brown".

BYRON W. BROWN  
MAYOR