

PROCLAMATION

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

WHEREAS, COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue Day (www.WearBlueDay.com); and

WHEREAS, the citizens of Charlotte are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups:

NOW, THEREFORE, I, Vi Alexander Lyles, Mayor of Charlotte, do hereby proclaim June as

"MEN'S HEALTH MONTH"

and encourage all our citizens to pursue preventative health practices and early detection efforts throughout the year.

Vi Alexander Lyles

Mayor