



Proclamation

MEN'S HEALTH MONTH JUNE 2022

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

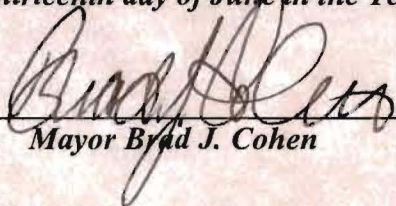
WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, East Brunswick Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

NOW, THEREFORE, BE IT PROCLAIMED that I, Brad J. Cohen, Mayor of the Township of East Brunswick, do hereby proclaim June as Men's Health Month in the Township of East Brunswick and encourage all our citizens to increase awareness of the importance of a healthy lifestyle, regular exercise, and to pursue preventative health practices and early detection efforts.

Given Under My Hand and the Great Seal of the Township of East Brunswick this Thirteenth day of June in the Year Two Thousand Twenty Two.



Mayor Brad J. Cohen

