

WHEREAS, despite advances in medical technology and research, men continue to suffer adverse effects from physical and mental health conditions and see shortened life spans as a result, with Native American and African American men having the lowest life expectancy; and,

WHEREAS, COVID-19 is destroying lives across the country, with the CDC rating the virus as one of the main causes of death for men in recent years; and,

WHEREAS, encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19; and,

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and,

WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and about their role as productive family members will be more likely to participate in health screenings; and,

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and,

WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and,

WHEREAS, the Men's Health Month web site has been established at <a href="www.MensHealthMonth.org">www.MensHealthMonth.org</a> <a href="http://www.menshealthmonth.org/">http://www.menshealthmonth.org/</a> and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health <a href="www.WearBlueForMensHealth.com</a> (<a href="www.WearBlueForMensHealth.com</a> (<a href="www.wearblueformenshealth.com/">www.wearblueformenshealth.com/</a>); and,

WHEREAS, Illinois Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and,

WHEREAS, Illinoisans are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

**THEREFORE**, I, JB Pritzker, Governor of the State of Illinois, do hereby proclaim June as **Men's Health Month** in Illinois, and encourage all our residents to pursue preventative health practices and early detection efforts throughout the year.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Illinois to be affixed.



Done at the Capitol in the City of Springfield,

this TWENTY-NINTH day of APRIL, in

the Year of Our Lord, two thousand and

TWENTY-TWO, and of the State of Illinois,

two hundred and FOURTH

Desse White
SECRETARY OF STATE

138A GOVERNOR