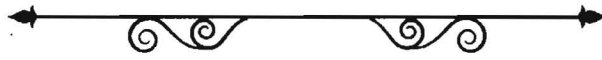


OFFICE OF THE MAYOR
LAKE HAVASU CITY, ARIZONA

PROCLAMATION



MEN'S HEALTH MONTH
JUNE 2022

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their roles as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health (WearBlueDay.com); and

WHEREAS, the citizens of Lake Havasu City are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Cal Sheehy, Mayor of Lake Havasu City, Arizona, do hereby proclaim the month of June 2022 as **Men's Health Month** in Lake Havasu City, and encourage all our citizens to pursue preventative health practices and early detection efforts throughout the year.

Signed and Dated on February 17th, 2022:



Cal Sheehy, Mayor

ATTEST:

Kelly Williams, City Clerk