

## **PROCLAMATION**

WHEREAS, in 1994, Men's Health Month began with the Congressional passage of Men's Health Week at the request of the Men's Health Network, increasing the awareness of men's health as a campaign to educate men, boys and their families about the importance of positive health attitudes and preventive health practices; and

despite advances in medical technology and research, men continue to live an average of five years less than WHEREAS, women, with Native American and African-American men having the lowest life expectancy. Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that WHEREAS, males are more likely to die from this pandemic. Encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19; and

men who are educated about the value that preventative health can play in prolonging their lifespan and their WHEREAS, role as productive family members will be more likely to participate in health screenings; and

Men's Health Month will focus on a broad range of men's health issues including heart disease, mental health, WHEREAS, diabetes, and prostate, testicular and colon cancer; and

the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, WHEREAS, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health (www.WearBlueForMensHealth.com); and

it is important for men to detect actual and potential health issues in the early stage, when treatment is both more WHEREAS, effective and less costly, to ensure longer, healthier lives.

NOW, THEREFORE, I, McKinley L. Price, Mayor of the City of Newport News, do hereby proclaim the month of June 2022, as

## MEN'S HEALTH MONTH

in the City of Newport News, and encourage our citizens to help increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be duly affixed the Seal of the City of Newport News, Virginia, this this 1st day of June 2022.

McKinley L. Price, DDS, Mayor City of Newport News, Virginia

ATTEST:

Mabel Washington Jenkink, MMC

City Clerk