

**Whereas**, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

**Whereas**, educating the public and health care providers about the importance of a health lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**Whereas**, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

**Thereas**, fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**Whereas**, the Men's Health Month web site has been established at www.MensHealthMonth.org aand features resources, proclamations, and information about awareness events and activities; and

**Whereas**, Oklahoma Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

**Thereas**, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

Row Therefore, I, Governor J. Kevin Stitt, do hereby proclaim June 2022 as

## "Oklahoma Men's Health Week"

in the State of Oklahoma.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Oklahoma to be affixed.



Done at the Capitol, in the City of Oklahoma City, this fifteenth day of February, in the Year of Our Lord two thousand and twenty-two, and of the State of Oklahoma in the one hundred and fourteenth year.

Pain Paugin

GOVERNOR A