

Men's Health Month June 2022

WHEREAS, despite advances in medical technology and research, men continue to live an

average of five years less than women, with Native American and African-American

men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy

lifestyle and early detection of male health problems will result in reducing rates of

mortality from disease; and

WHEREAS, men who are educated about the value that preventive health can play in

prolonging their lifespan and their role as productive family members will be more

likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have

happier, healthier children; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health

awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health

practices; and

WHEREAS, the Men's Health Month website has been established at MensHealthMonth.org and

features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health (WearBlueForMensHealth.com);

and

WHEREAS, Rochester Hills Men's Health Month will focus on a broad range of men's health

issues, including heart disease, mental health, diabetes, and prostate, testicular and

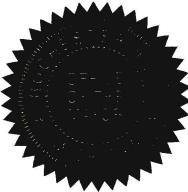
colon cancer; and

WHEREAS, the citizens of this city are encouraged to increase awareness of the importance of a

healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, BE IT RESOLVED that I, Bryan K. Barnett, Mayor of Rochester Hills, hereby proclaim June as Men's Health Month in Rochester Hills, and encourage all our citizens to pursue preventative health practices and early detection efforts.

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In witness whereof, I have hereunto set my hand and caused my Seal to be affixed this 11th day of May, 2022 in the City of Rochester Hills, Michigan.

Bryan K. Barnett, Mayor City of Rochester Hills