

PROCLAMATION



WHEREAS The City of Stamford honors Men's Health Month to focus on men's health issues; including heart disease, mental health, diabetes, and prostate, testicular, and colon cancer; and



WHEREAS Recognizing that despite advances in medical technology and research, men live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and



WHEREAS Preventative health education about healthy lifestyles, exercise and medical check-ups for early detection, reduce male mortality rates and promote the importance of men as role models for a healthier and happier family; and



WHEREAS The Men's Health Network established www.MensHealthMonth.org which features resources and information including Wear Blue for Men's Health.

NOW, THEREFORE, I, CAROLINE SIMMONS, Mayor of the City of Stamford, proclaim June 2022 to be:

MEN'S HEALTH MONTH

in the City of Stamford and encourage all of our residents to engage in a healthy lifestyle, regular exercise, and medical check-ups.



CAROLINE SIMMONS, MAYOR