

## STRATFORD, CONNECTICUT

By The Honorable **Laura R. Hoydick**, Mayor: a

# PROCLAMATION

## IN OBSERVANCE OF MEN'S HEALTH MONTH

**WHEREAS**, the Congressional passage of Men's Health Week in 1994 was headed by Senator Bob Dole and Congressman Bill Richardson and it was President Clinton who finalized the process and signed the bill, implementing formal recognition for the cause at a national level; and

**WHEREAS**, then-Congressman Bill Richardson explained how men's health problems do not just impact men, but entire family structures and therefore, it should be of concern to all persons which is why it remains critical to provide knowledge and resources regarding men's health; and

**WHEREAS**, there is a form of duality at work in this task as encouragement must be paired with education in bringing awareness to the health problems boys and men face throughout their lifetime, whether they are impacted physically or mentally; and

**WHEREAS**, we must work collectively to educate all persons and to end the stigma revolving around men's health especially considering the quickly growing epidemic of suicide and substance abuse in men which indicates we have more work to do when it comes to unrecognized and undiagnosed mental stress; and

**WHEREAS**, the Coronavirus pandemic has placed a severe strain on the health and wellbeing of every person and that is why it is of utmost importance to partake in Men's Health Month in any way you can, whether it be learning about the benefits to preventative healthcare or utilizing one of the many resources found at [www.DialogueOnMensHealth.com](http://www.DialogueOnMensHealth.com); and

**WHEREAS**, Men's Health Month brings attention to a broad range of men's health issues and allows for constructive conversations to be held amongst boys, men, and their families, all of which solidifies the foundation for recognition, encouragement, and education to persist.

**NOW, THEREFORE, I**, the Honorable Laura R. Hoydick, Mayor of Stratford, by virtue of the authority vested in me by the Town, do hereby proclaim the month of June as

## MEN'S HEALTH MONTH

in the Town of Stratford; and I encourage all citizens to partake in the encouragement and education of men's health as it significantly impacts us all.

**IN WITNESS WHEREOF**, I have hereunto set my hand and affixed the Official Seal of the Town of Stratford, this first day of June, in the year of our Lord, two thousand twenty-two, and of the Independence of the United States of America the two hundred and forty-sixth.



*Laura R. Hoydick*  
Laura R. Hoydick  
Mayor

*offering more from forest to shore*