



OFFICE OF THE MAYOR

CITY OF ALABASTER

PROCLAMATION

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and,

WHEREAS, educating the public and health care providers, about the importance of a healthy lifestyle and early detection of male health problems, will result in reducing rates of mortality from disease. Men who are educated about the value preventive health plays in prolonging their lifespan will be more likely to participate in health screenings; and,

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period, as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes, and preventive health practices; and,

WHEREAS, The Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health.

NOW, THEREFORE, I, Scott Brakefield, Mayor of the City of Alabaster, Alabama, do hereby proclaim June as **Men's Health Month**, and encourage all our citizens to pursue preventative health practices and early detection efforts, through a healthy lifestyle, regular exercise, and medical checkups.

WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Alabaster, Alabama to be affixed, this 23rd day of May, 2022.

Mayor Scott Brakefield



ATTEST:

J. Mark Frey, City Clerk

