

# Proclamation



CITY OF ARVADA

Whereas, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

Whereas, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings and fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

Whereas, the Men's Health Month web site has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health and the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups,

NOW THEREFORE, BE IT PROCLAIMED by the Mayor and City Council of the City of Arvada, Colorado, that we do hereby proclaim June as Men's Health Month in the City and in doing so, encourage all of our residents to pursue preventative health practices and early detection efforts.

Dated this 16th day of May, 2022.



Handwritten signature of Marc Williams in blue ink.

Marc Williams, Mayor

Handwritten signature of David Jones in blue ink.

David Jones, Mayor Pro Tem

Handwritten signature of Randy Moorman in blue ink.

Randy Moorman, Councilmember

Handwritten signature of Lisa Smith in blue ink.

Lisa Smith, Councilmember

Handwritten signature of Bob Fifer in blue ink.

Bob Fifer, Councilmember

Handwritten signature of John Marriott in blue ink.

John Marriott, Councilmember

Handwritten signature of Lauren Simpson in blue ink.

Lauren Simpson, Councilmember