

# City of Biddeford

STATE OF



MAINE

## PROCLAMATION

*Whereas* Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS**, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

**WHEREAS**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, the Men's Health Month website has been established at [www.Menshealthmonth.org](http://www.Menshealthmonth.org) and features resources, proclamations and information about awareness events and activities, including Wear Blue for Men's Health; and

**NOW THEREFORE**, I, Alan Casavant, Mayor of the City of Biddeford, do hereby proclaim June as **Men's Health Month** in Biddeford, and encourage all our citizens to pursue preventative health practices and early detection efforts.

*In Witness Whereof, We, the undersigned have herewith  
affixed our signatures this 7<sup>th</sup> day of June 2022*

*Carmen Bernier*  
City Clerk

*Alan Casavant*  
Mayor

