

- WHEREAS, Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and
- WHEREAS, the Centers for Disease Control report that males are more likely to die from COVID-19 than females, and advise that safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of this pandemic; and
- WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- WHEREAS, men who are educated about the value of preventive health will be more likely to participate in health screenings and to maintain a healthy lifestyle to be role models for their children; and
- WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS, the Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's health.

Aow, Therefore, the Mayor and City Council of the City of Cumberland, do hereby proclaim the month of June 2022 in the City of Cumberland as

"MEN'S HEALTH MONTH"

And encourage all our citizens to pursue preventative health practices and early detection efforts.

GIVEN UNDER OUR HANDS AND SEALS THIS 7TH DAY OF JUNE, IN THE YEAR 2022, WITH THE CORPORATE SEAL OF THE CITY OF CUMBERLAND HERETO ATTACHED, DULY ATTESTED BY THE CITY CLERK.

ATTEST:

Marjorie A Woodring
City Clerk

MAYOR AND CITY COUNCIL

Raymond M. Morriss

Mayor