

Proclamation

- WHEREAS,** despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and
- WHEREAS,** COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic. Encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19; and
- WHEREAS,** educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing the rates of mortality from disease; and
- WHEREAS,** men who are educated about the value that preventive health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings. Fathers who stay connected to their children and maintain a healthy lifestyle are role models with happier, healthier children; and
- WHEREAS,** the national men’s health awareness period is a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS,** Durham’s Men’s Health Month focuses on a broad range of men’s health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and
- WHEREAS,** the residents of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Elaine M. O’Neal, Mayor of the City of Durham, North Carolina, do hereby proclaim the month of June 2022 as

“MEN’S HEALTH MONTH”

in Durham, and encourage all residents to pursue preventative health practices and early detection efforts throughout the year.

Witness my hand and the corporate seal of the City of Durham, this the 6th day of June 2022.



Elaine M. O’Neal
Mayor