

*Office of the Mayor
City of El Mirage*

Proclamation

**Men's Health Month
June 2022**

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the citizens of El Mirage are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups; and

NOW, THEREFORE, I, Alexis Hermosillo, Mayor of the City of El Mirage, do hereby proclaim June 2022 as Men's Health Month and encourage all our citizens to pursue preventative health practices and early detection efforts.

IN WITNESS THEREOF, I, Alexis Hermosillo, have hereunto set my hand and cause the Seal of the City of El Mirage to be affixed this 7th day of June 2022.




Alexis Hermosillo, Mayor

