



**PROCLAMATION**  
**Men's Health Month – June 2022**  
**Men's Health Week – June 13 - 19, 2022**

**WHEREAS,** despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancies; and

**WHEREAS,** educating the public and health care providers about the importance of safe behaviors, a healthy lifestyle, and early detection of male health problems will result in reduced rates of mortality from disease; and

**WHEREAS,** men who are educated about the value that preventive health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings, and serve as better healthy role models for their children; and

**WHEREAS,** the Men's Health Network worked with Congress to develop a National Men's Health Awareness campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventive health practices; and

**WHEREAS,** Men's Health Month and Men's Health Week, which ends every year on Father's Day, focus on a broad range of men's health issues including heart disease, mental health, diabetes, and cancer of the prostate, testicles, and colon.

**NOW, THEREFORE, BE IT RESOLVED** that I, Vicki Barnett, Mayor of the City of Farmington Hills, on behalf of the City Council, do hereby proclaim June 2022 as **Men's Health Month** and encourage all citizens to pursue preventive health care practices such as a healthy lifestyle, regular exercise, and medical check-ups, and to support early detection efforts for themselves and their loved ones.

A handwritten signature in black ink that reads "Vicki Barnett".

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Vicki Barnett, Mayor