

In Recognition of Men's Health Month June 2022

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and

WHEREAS, COVID-19 variants continue to spread across the county, with the Centers for Disease Control reporting that males are more likely to die from this pandemic than women; and

WHEREAS, educating the public about the importance of a healthy lifestyle and early detection of male health problems will result in reduced rates of mortality from preventable diseases; and

WHEREAS, men who are educated about the value that preventative health care plays in prolonging their lifespan will be more likely to participate in health screenings; and

WHEREAS, fathers who stay connected to their children and maintain healthy lifestyles serve as role models for the next generation; and

WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about events and activities, including National Wear Blue Day that will be celebrated on Friday, June 17, 2022, to raise awareness about male health; and

WHERE AS, Men's Health Month in the City of Fort Lauderdale will focus on a broad range of men's health issues, including heart disease; mental health; diabetes; and prostate, testicular, and colon cancer.

NOW, THEREFORE, WE, as City Commissioners of the City of Fort Lauderdale, Florida, do hereby proclaim **June 2022** as:

Men's Health Month

in the City of Fort Lauderdale and encourage all our citizens to prioritize their health and pursue preventative health practices and early detection efforts throughout the year.

DATED this, the 1st day of June 2022.

Mayor Dean J. Trantalis



Wear Blue

"Fort Lauderdale: The City You Never Want To Leave"