

# Proclamation

## MEN'S HEALTH MONTH JUNE 2022

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women; and

WHEREAS, the Centers for Disease Control reports that males are more likely to die from the COVID-19 pandemic, and encourages social distancing, wearing masks, and being vaccinated to help stop the spread; and

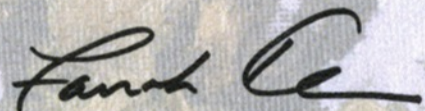
WHEREAS, Men's Health Month offers an important opportunity to focus on a broad range of health issues affecting men, including heart disease and diabetes, as well as prostate, testicular, and colon cancer; and

WHEREAS, Men's Health Network collaborated with the United States Congress to develop National Men's Health Month as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, men who are educated about the value of preventive health are more likely to have regular health screening checkups and age-appropriate screenings that can improve men's health and reduce premature death and disabilities; and

WHEREAS, Men's Health Month encourages fathers to maintain a healthy lifestyle as role models for their children.

NOW, THEREFORE, the City Council of the City of Irvine DOES HEREBY PROCLAIM the month of JUNE 2022 as "MEN'S HEALTH MONTH" and encourages citizens to participate in a healthy lifestyle, regular exercise, and medical check-ups.



FARRAH N. KHAN  
MAYOR OF THE CITY OF IRVINE  
MAY 24, 2022

