

The State of Maryland



Proclamation

From the Governor of the State of Maryland

MEN'S HEALTH MONTH JUNE 2022

- WHEREAS,** *Despite advances in medical technology and research, men continue to live an average of almost five years less than women with African-American men having the lowest life expectancy; and*
- WHEREAS,** *The challenges of COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and*
- WHEREAS,** *Encouraging safe behaviors including social distancing, wearing masks, and being vaccinated with help save lives and stop the spread of COVID-19; and*
- WHEREAS,** *Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease. Men who are educated about the value of preventive health will be more likely to participate in health screenings; and*
- WHEREAS,** *The Men's Health Network worked with congress to develop a national men's health awareness period as a special campaign to help educate men and their families about the importance of positive health attitudes and preventive health practices. Our state will focus on a broad range of men's health issues, including heart disease, diabetes, prostate, testicular and colon cancer; and*
- WHEREAS,** *Men's Health Month focuses on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and*
- WHEREAS,** *All Marylanders are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.*

NOW, THEREFORE, I, LAWRENCE J. HOGAN, JR., GOVERNOR OF THE STATE OF MARYLAND, do hereby proclaim JUNE 2022 as MEN'S HEALTH MONTH in Maryland and do encourage all citizens to pursue preventive health practices and early detection efforts throughout the year.

Given Under My Hand and the Great Seal of the State of Maryland,
this 1st day of June
Two Thousand and twenty-two



Lawrence J. Hogan, Jr.
Governor

Byrd H. Lathrop
Lt. Governor

John C. W. W. W.
Secretary of State