



STATE *of* MINNESOTA

Proclamation

- WHEREAS: Despite advances in medical technology and research, men continue to live an average of five fewer years than women, with Native American and African American men having the lowest life expectancy; and
- WHEREAS: COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that men are more likely to die from the pandemic; and
- WHEREAS: Encouraging safe behaviors—including social distancing, wearing masks, and being vaccinated—will help stop the spread of COVID-19; and
- WHEREAS: Educating the public and health care providers about the importance of a healthy lifestyle and early detection of health problems affecting men will result in reducing rates of mortality from disease; and
- WHEREAS: Men who are educated about the value that preventative health can play in prolonging their lifespan will be more likely to participate in health screenings; and
- WHEREAS: Minnesota's Men's Health Month brings focus to a broad range of health issues disproportionately impacting men, including heart disease, mental health, diabetes, and prostate, testicular, and colon cancer; and
- WHEREAS: Minnesotans are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups; and
- WHEREAS: We encourage Minnesotans to pursue preventative health practices and early detection efforts throughout the year.

NOW, THEREFORE, I, TIM WALZ, Governor of Minnesota, do hereby proclaim June 2022 as:

MEN'S HEALTH MONTH

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 31st day of May.

GOVERNOR

SECRETARY OF STATE