

**PROCLAMATION
Men's Health Month
June 2022**

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and

WHEREAS, COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and

WHEREAS, encouraging safe behaviors including social-distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19; and

WHEREAS, educating the public and healthcare providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing mortality from disease; and

WHEREAS, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, Men's Health Month in Martinsburg will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

WHEREAS, the citizens of this City are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups; and

NOW, THEREFORE, I, Kevin Knowles, Mayor of Martinsburg, West Virginia do hereby proclaim June 2022 as

"Men's Health Month"

And urge citizens of Martinsburg to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto affixed my hand and caused the Seal of the City of Martinsburg, West Virginia to be affixed this 19th day of May, 2022


Kevin Knowles, Mayor

Attest:

Gena Long, City Recorder

