

STATE OF OREGON
PROCLAMATION
OFFICE OF THE GOVERNOR

- WHEREAS:** Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and
- WHEREAS:** Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- WHEREAS:** Men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members are more likely to participate in health screenings; and
- WHEREAS:** Fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- WHEREAS:** A national men's health awareness period has been developed to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS:** Oregon Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular, and colon cancer; and
- WHEREAS:** All Oregonians are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups.

**NOW,
THEREFORE:** I, Kate Brown, Governor of the State of Oregon, hereby proclaim **June 2022** to be

Men's Health Month

in Oregon and encourage all Oregonians to join in this observance.

IN WITNESS WHEREOF, I hereunto set my hand and cause the Great Seal of the State of Oregon to be affixed. Done at the Capitol in the City of Salem in the State of Oregon on this day, May 25, 2022.



Kate Brown

Kate Brown, Governor

Shemia Fagan

Shemia Fagan, Secretary of State