

## MEN'S HEALTH MONTH JUNE 2022

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native-American and African-American men having the lowest life expectancy; and

WHEREAS, COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and

WHEREAS, men who are educated about the value that preventive health care can play in prolonging their lifespan and their role as productive family members, will be more likely to participate in health screenings; and

WHEREAS, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue Day (www.WearBlueDay.com); and

WHEREAS, the residents of this town are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Joseph C. Winfield, Mayor of Oro Valley, do hereby proclaim June 2022 as

## **MEN'S HEALTH MONTH**

in Oro Valley and encourage all our residents to pursue preventative health practices and early detection efforts throughout the year.

Dated this 1st day of June, 2022

Joseph C. Winfield, Mayor

ATTEST:

Michael Standish, Town Clerk