

City of Santa Ana

PROCLAMATION

Recognizing

MEN'S HEALTH MONTH

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy and

WHEREAS, COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and

WHEREAS, encouraging the public and health care providers about the importance of healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health care can play a part in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventive health practices; and

WHEREAS, the Men's Health website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue Day (www.WearBlueDay.com); and

WHEREAS, the residents of the City of Santa Ana are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, WE, THE MAYOR AND CITY COUNCIL of the City of Santa Ana, do hereby recognize June 2022, as

MEN'S HEALTH MONTH

and encourage all citizens to pursue preventative health practices and early detection efforts throughout the year.

Dated: June 7, 2022



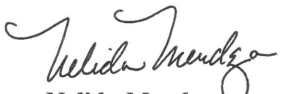
Thai Viet Phan
Councilmember



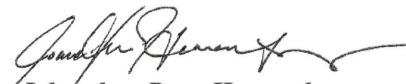
David Penaloza
Councilmember




Jessie Lopez
Councilmember



Nelida Mendoza
Councilmember



Johnathan Ryan Hernandez
Councilmember



Phil Bacerra
Mayor Pro Tem



Vicente Sarmiento
Mayor

