



**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and

**WHEREAS**, COVID 19 variants continue to impact lives across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of health problems will result in reducing rates of mortality from disease; and

**WHEREAS**, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screening; and

**WHEREAS**, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive attitudes and preventative health practices; and

**WHEREAS**, the citizens of Smyrna are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

**NOW THEREFORE**, by the authority vested in me as Mayor of the Town of Smyrna, do hereby proclaim June to be Men's Health Month and encourage the citizens of this community to pursue preventative health practices and early detection efforts throughout the year.

**Proclaimed** this 7<sup>th</sup> day of June, 2022.