



## **Proclamation**

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years fewer than women, with Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, COVID-19 variants continue to spread across the country, and the Centers for Disease Control and Prevention reports that males are more likely to die from this disease and encourages safe behaviors such as social distancing, wearing masks, and getting vaccinated; and

**WHEREAS**, educating the public and healthcare providers about the importance of a healthy lifestyle and preventative healthcare will lead to earlier detection of male health problems and lower rates of mortality from disease; and

**WHEREAS**, men who are educated about the value of preventative healthcare in prolonging their lifespans and their roles as productive family members are more likely to participate in health screenings; and

**WHEREAS**, the Men's Health Network worked with United States Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, the Men's Health Month website has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including "Wear Blue Day" for men's health; and

**WHEREAS**, Men's Health Month focuses on a broad range of men's health issues, including heart disease; mental health; diabetes; and prostate, testicular and colon cancers; and people are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

**NOW, THEREFORE, I, ED LAWSON**, Mayor of the City of Sparks, Nevada, do hereby proclaim June 2022 as:

### **"MEN'S HEALTH MONTH"**

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the Seal of the City of Sparks, Nevada to be affixed this 13<sup>th</sup> day of June, 2022.

A handwritten signature in black ink, appearing to read "Ed Lawson", written over a horizontal line.

**ED LAWSON, Mayor**

**ATTEST:**

A handwritten signature in blue ink, appearing to read "Lisa Hunderman", written over a horizontal line.

**LISA HUNDERMAN, City Clerk**

