

City of Suffolk, Virginia



Proclamation

WHEREAS, despite advances in medical research and technology, men's life spans are, on average, five years less than those of women; and

WHEREAS, sharing information about the importance of participation in healthy lifestyles and early detection of health problems affecting men are vital in reducing rates of mortality and prolonging male lifespans; and

WHEREAS, fathers who maintain healthy lifestyles are role models for their children; and

WHEREAS, the Men's Health Network has developed a campaign to help educate men and their families about the importance of positive life choices and preventative health practices; and

WHEREAS, Men's Health Month is an opportunity to focus on a broad range of men's health issues, such as heart disease, mental health, diabetes, prostate and reproductive cancers.

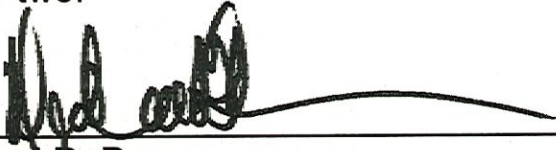
NOW THEREFORE, I, Michael D. Duman, Mayor of the City of Suffolk, do hereby proclaim June 2022, as

"MEN'S HEALTH MONTH"

in Suffolk, Virginia and encourage all citizens to take the time to learn about healthy lifestyles and schedule your medical check-ups for longer, more rewarding lives.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of Suffolk to be affixed this 13th day of June in the year of our Lord, Two Thousand Twenty-two.





Michael D. Duman
Mayor