

Proclamation



MEN'S HEALTH MONTH

JUNE 2022

WHEREAS, Men's Health Network worked with Congress in 1994 to develop a national men's health awareness period—Men's Health Month—as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and

WHEREAS, COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from the pandemic; and

WHEREAS, educating the public and our health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventative health can play in prolonging their role as productive family members will be more likely to participate in health screenings and fathers who stay connected to their children and maintain a healthy lifestyle are strong role models for happier, healthier children; and

WHEREAS, www.MensHealthMonth.org features resources, proclamations, and information about awareness events and activities; and

WHEREAS, Men's Health Month in Washington, DC will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancers; and

WHEREAS, residents of Washington, DC are encouraged this month and year-round to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups whether in person or via telehealth appointments:

NOW, THEREFORE, I, THE MAYOR OF WASHINGTON, DC, do hereby proclaim the month of June 2022 as "MEN'S HEALTH MONTH" in Washington, DC, and encourage all Washingtonians to pursue preventative health practices and early detection efforts throughout the year.

A handwritten signature in black ink that reads "Muriel Bowser". The signature is written over a horizontal line.

