

## STATE OF ALABAMA COUNTY OF CHAMBERS

## PROCLAMATION MEN'S HEALTH MONTH MEN'S HEALTH WEEK (JUNE 10~16, 2024)

WHEREAS Men's Health Month is part of an ongoing international effort to educate men, boys, and their

families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS Nationwide, life expectancy for men averages five years fewer than that of women, with men

experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and

premature mortality; and

WHEREAS The Covid-19 pandemic has had a devastating impact on men's health in the United States,

dropping men's life expectancy by two years; and,

WHEREAS Men's Health Month is a time for the public to recognize the mental and physical health needs of

men and boys while encouraging fathers to be role models for their children through preventive

health screenings, healthy living and seeking needed help; and

WHEREAS The growing epidemic of suicide and substance abuse requires special effort to raise awareness of

unrecognized and undiagnosed depression and mental stress in boys and men; and

WHEREAS The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period

passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

NOW THEREFORE, Chambers County Commission of Chambers County, Alabama do hereby proclaim June 10~16, 2024 as Men's Health Week in Chambers County, Alabama.

Dated this 29th day of April in the year of our Lord Two Thousand and Twenty-Four.

ames Williams, District 3, Chairman

David Eastridge, District 5, Vice Chairman

Charlie Williams, District 1

Douglas Jones, District 2

Samuel Bradford District 4

Debra Riley, District 6