



## ***City of Fort Smith***

### **A PROCLAMATION**

#### **RECOGNIZING JUNE 2024 AS MEN'S HEALTH MONTH**

**WHEREAS,** *Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; AND*

**WHEREAS,** *nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; AND*

**WHEREAS,** *the COVID-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; AND*

**WHEREAS,** *Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living, and seeking needed help; AND*

**WHEREAS,** *the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; AND*

**WHEREAS,** *the centerpiece of Men's Health Month is National Men's Health Week, a special time of awareness passed by Congress and signed into law by President Bill Clinton on May 31, 1994;*

**NOW, THEREFORE, I,** *George B. McGill, Mayor of the City of Fort Smith, Arkansas, do hereby proclaim June 10-16, 2024 shall be recognized as*

#### **“Men's Health Week”**

*in Fort Smith, Arkansas, and I urge all citizens to reflect upon the health of our City's men and boys and support their care and their pursuit of the resources that allow them to thrive in all the ways that contribute to their highest quality of life.*

**IN WITNESS WHEREOF,** *I have hereunto set forth my hand and caused the Seal of the City of Fort Smith, Arkansas to be affixed this 10<sup>th</sup> day of June, 2024.*

  
*George B. McGill, Mayor*

