

City of Indianapolis Office of the Mayor



PROCLAMATION

TO ALL WHOM THESE PRESENTS MAY COME, GREETINGS:

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about living healthier. Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living, and seeking needed help; and

WHEREAS, nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems, such as diabetes, obesity, cancer, liver disease, heart disease, and premature mortality. The COVID-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and

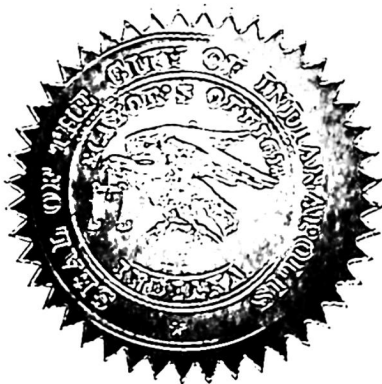
WHEREAS, the growing epidemic of suicide and substance abuse requires special efforts to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

WHEREAS, the City of Indianapolis joins municipalities across the country and Men's Health Network to recognize Men's Health Week, the centerpiece of Men's Health Month, and encourage residents to learn more about the unique challenges men face and inspire men and boys to take steps towards a healthier lifestyle;


NOW, THEREFORE, I, JOSEPH H. HOGSETT, MAYOR OF THE CITY OF INDIANAPOLIS, DO HEREBY PROCLAIM JUNE 10-16, 2024 AS:

MEN'S HEALTH WEEK

in the City of Indianapolis, and I ask all citizens to join me in this observation.



IN TESTIMONY WHEREOF, I HAVE
HEREUNTO SET MY HAND AND CAUSED
TO BE AFFIXED THE SEAL OF THE CITY
OF INDIANAPOLIS ON THIS 10TH DAY IN
JUNE IN THE YEAR TWO THOUSAND
TWENTY-FOUR.


JOSEPH H. HOGSETT
MAYOR
CITY OF INDIANAPOLIS