

CITY OF  
AMARILLO, TEXAS  
City Council

# Proclamation

**WHEREAS**, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings; and

**WHEREAS**, nationwide, life expectancy for men averages five years fewer than that of women with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

**WHEREAS**, The COVID-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and

**WHEREAS**, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living and seeking needed help; and

**WHEREAS**, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys.

**NOW, THEREFORE, WE, MAYOR AND CITY COUNCILMEMBERS**, of the City of Amarillo, Texas, do hereby proclaim the month of June 2024, as

## ***"Men's Health Month"***

in Amarillo, and encourage all citizens – both men and women- to remain mindful of the important role preventative medical care can have in our lives and the lives our loved ones.

GIVEN UNDER OUR HANDS AND SEAL OF OFFICE this 11th day of June 2024.



Cole Stanley, Mayor

Josh Craft, Councilmember

Don Tipps, Councilmember

Tom Scherlen, Councilmember

Les Simpson, Councilmember