

City of



Hartford

Connecticut

Proclamation

By

The Honorable Arunan Arulampalam, Mayor

WHEREAS, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS, Nationwide, life expectancy for men averages five years fewer of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease and premature mortality; and

WHEREAS, the COVID-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and

WHEREAS, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living and seeking needed help; and

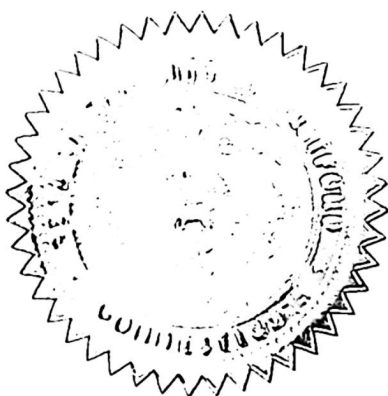
WHEREAS, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

WHEREAS, the centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994; now, therefore, be it

PROCLAIMED, That I, Arunan Arulampalam Mayor of the City of Hartford, along with the Court of Common Council and the citizens of Hartford, do hereby proclaim June 10th, through June 16th, 2024, to be:

Men's Health Week

In testimony of this Proclamation, I hereby set my hand and cause the seal of the City of Hartford to be affixed this 10th day of June 2024.



Arunan Arulampalam
Arunan Arulampalam
Mayor