

City of Irving Office of the Mayor

# Proclamation

- WHEREAS:** Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and
- WHEREAS:** Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and
- WHEREAS:** Covid-19 has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and
- WHEREAS:** A growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and
- WHEREAS:** This is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and
- WHEREAS:** National Men's Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994, serves as the centerpiece of Men's Health Month.

**NOW, THEREFORE,** I, Rick Stopfer, Mayor of the City of Irving, and the City Council do hereby proclaim June 10-16, 2024, as:

## Men's Health Week

in Irving, Texas.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City to be affixed this 1st day of June, 2024.

  
Rick Stopfer, Mayor

