



Whereas

Men’s Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

Whereas

nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

Whereas

the Covid-19 pandemic has had a devastating impact on men’s health in the United States, dropping men’s life expectancy by two years; and

Whereas

Men’s Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and

Whereas

the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

Whereas

the centerpiece of Men’s Health Month is National Men’s Health Week, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

Now, Therefore, I, Todd Fowler, Mayor of the City of Johnson City, Tennessee, do hereby proclaim June 10-16, 2024 as

Men’s Health Week

in Johnson City, Tennessee, and encourage all citizens to pursue preventative health practices and early detection efforts.

In Witness Whereof,

I have hereunto set my hand and caused the Official Seal of the City of Johnson City, Tennessee, to be affixed this 2nd day of May 2024.

Todd Fowler, Mayor

