

Men's Health Month Proclamation

WHEREAS Men's Health Month is part of an ongoing international effort to educate men, boys, their families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS Nationwide, life expectancy for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS The Covid-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and

WHEREAS Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living and seeking needed help; and

WHEREAS The growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

WHEREAS The centerpiece of Men's Health Month is National Men's Health Week, a special awareness period passed by congress and signed into law by President Bill Clinton on May 31, 1994.

NOW, THEREFORE I, Gregory C. Bender of Ellsworth, KS do hereby proclaim June 10-16, 2024, as Men's Health Week in Ellsworth County, KS.